



For each flush, follow the directions below:

1. Remove any air from the saline or heparin syringe. Hold the syringe up and press firmly on the plunger while the tip cap is still on, until you feel the plunger move. Then, release pressure from the plunger, loosen the tip cap, and push the plunger forward to remove any air. Re-tighten the cap before placing the syringe down.
2. Scrub the catheter injection cap with an alcohol pad for 15 seconds and let air dry for five seconds. Use a new alcohol pad for each SASH step.

3. Make sure the clamp is open on the IV catheter and/or extension set.
4. Remove the tip cap from the saline or heparin syringe. Attach the syringe to the injection cap by pushing and twisting clockwise until secure. The tip of the syringe is sterile. Do not touch it, or let it touch any surfaces. If this happens, discard this syringe and use a new one.
5. Push in the syringe plunger slowly to flush the catheter, and do not force the flush if you feel resistance. Administer the designated amount of saline or heparin (if ordered).
6. Remove the syringe from the injection cap, and discard the syringe.

Additional Lumens:

